

Ist Standard.

Delicious food

STUDENT'S NAME

ROLL NO.

SUBJECT

DATE

I Fill in the blanks:-

① We need food to live, grow and energy

[live / Healthy]

② We get food from plants and animals

[plants and animals / grow]

③ We should drink milk everyday.

[water / milk]

④ We should dinner at night.

[morning / night]

⑤ We have lunch in the afternoon.

[night / lunch]

II Write 'T' for true and 'F' for false:-

① We get all our food from plants. [F]

② We should not skip breakfast. [T]

③ Food gives us energy to walk and play. [T]

ii) Answer the following questions:

① Why do we need food?

Ans: We need food to live, grow and get energy.

② From where do we get food?

Ans: We get food from plants and animals.