Sub: English

Topic:True Height

I.Glossary:

13. Runway: running track

14.Intensity:Strong in quality or feeling.

15. Anxiety: Fear, especially as caused by uncertainly about something.

16. Springting down:running at a very heigh speed but for a short period.

17.Swarmed with:surrounded by.

II.Answer the following questions

1. Which was the competition that Michael stone participated in at the age of 17? ans: National Junior Olypics.

2. What was the height at which the pole was set for vaulting? ans: The Bar was set at 17 feet.

3. What was Michael stone's best personal record in pole vaulting? ans: Michael best personal record in pole vaulting was 3 inches less than 17 feet.

4. What kind of stories did Michael's mother read to him when he was growing up?

ans:Michael's mother read numerous stories about flying when he was growing up.

5. Who monitored Michael's training?

ans:The program was closely monitor by Michael's coach,trainer and his father.

6. When did Michael's mother ask him to take deep breaths? ans: His mother always used to tell him to take deep breath

when he filled tense, anxious even scared.

7."He was sure the crowd did too"Explain the meaning of this statement.

ans:The pole vault is truly the glamour event
of any track and field competition. The
sportsman combines the grace of a
gymnast with the strength of a body builder.